

Dear Parents,

We are looking forward to a fun filled summer with our school age campers! The field trips have all been scheduled and the science and art projects have been planned; we are all ready! So that you can get ready too, we have included some important information regarding what you should expect to bring, how you can prepare for field trips, and how our daily schedule will work! Take a look over each area, and save a copy to keep on the fridge because we are sure to have an action-packed, adventurous summer. We can't wait to see you all here! ☺

Best Regards ~ The Sequoia Teachers

### **Daily Information:**

- Please check the board/calendar to be prepared each day. We will provide updated information about departure times, what to wear, or special activities planned etc.
- Apply sunscreen/bug spray prior to arriving at Cedarhouse. We will provide sunscreen in the afternoon.

### **What to Bring:**

- A water bottle labeled with your child's first and last name. (They can be kept in the classroom for the week, but will be sent home on Friday)
- A brown bag lunch. Please try to use easy open / disposable containers whenever possible and also include utensils if needed. Individual ice packs are not needed as they take up space and are non-disposable. This will help to ensure that everything fits into our coolers. We will provide coolers each day to keep your items cool. **(Label with first and last names as well as the date)**
- Quiet time activities that will fit in your shoebox that will be provided at the beginning of the week. (These items *must* fit in your shoebox.)
- A small blanket / beach towel to use during quiet time
- A change of clothes, including closed-toe shoes if possible to keep in your backpack.

### **Field Trips**

**\*We will leave for most field trips around 9:15  
(Unless it's posted otherwise)**

Please plan to arrive between 8:45 and 9:00, so that we can get lunches packed, children checked in, and on the bus safely. If you can't arrive at Cedarhouse by 9:00, please contact the front office to find out where you can meet up with us when we arrive at our location.

### **PLEASE NOTE:**

**We will not stop the buses to let children on once they are in motion.**

## **Art / Science Projects**

Art / Science projects will take place during the afternoon, unless otherwise noted.  
There will be open art activities throughout the day.

## **Quiet Time**

Quiet time will take place for one hour each afternoon.  
During this time children may use their quiet time activities from their shoebox.  
Please help your child to choose items to include in his/her box they may play by themselves and will keep them occupied for one hour.  
i.e. paper, crayons/markers, books, puzzles.  
They may bring a small blanket / beach towel to sit or lay on during this time.  
**Each item must be labeled with first and last name.**

## **Library Days:**

(Monday)

We will visit the Cloverhill library almost every Monday.  
Please bring in an updated and valid Chesterfield library card. Your child may check out 2 books, which may be returned to any Chesterfield County library.

## **Pool Days:**

(Wednesday)

Please come dressed in your swimsuit. You may wear your cover-up/clothes over your swimsuit. Make sure to bring a towel and closed toe shoes for later.  
If your child chooses to bring goggles make sure to label them with initials.

## **Electronics:**

(Thursday)

Your child may bring one electronic device along with ONLY one game.  
All electronics need to be labeled with first name and last initial.  
We are not responsible for lost or traded games.

**Please make sure to check the board / calendar so you don't miss out!**

The campers will start each day with a “campfire” pow-wow. From there they will go on exciting field trips, play games, do cooking projects and have fun with arts and crafts. Every day is filled with fun at Camp Caribou!

	<b>Theme</b>	<b>Adventures off Campus</b> <i>(each week we also go to the pool and library)</i>	<b>Adventures on Campus</b>
Week 1	<b>It's Summer Vacation!</b> <i>June 18 - 22</i>	<ul style="list-style-type: none"> <li>▪ CORE Kids Academy – Obstacle Course</li> <li>▪ Huguenot Park for a 3 legged race</li> <li>▪ Pamplin Historical Park</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Popsicles</li> <li>▪ Craft: Tie Dye T-Shirts</li> <li>▪ Team Bldg: Trust Fall</li> <li>▪ Group Games: Twister, Pictionary</li> </ul>
Week 2	<b>Move Over Picasso</b> <i>June 25 - 29</i>	<ul style="list-style-type: none"> <li>▪ VMFA</li> <li>▪ Three Lakes Park for Sack Races</li> <li>▪ Art Haus Studios</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Waffles</li> <li>▪ Craft: Glass Mosaics</li> <li>▪ Team Bldg: Trolley Walk</li> <li>▪ Group Games: Shoe Soup, Splish Splash</li> </ul>
Week 3	<b>America the Beautiful</b> <i>July 2 – 6*</i>	<ul style="list-style-type: none"> <li>▪ King Pin Bowling</li> <li>▪ Lewis Ginter Botanical Gardens – Water Park</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Fruit Kabobs</li> <li>▪ Craft: Wooden Key Chains</li> <li>▪ Team Bldg: Mine Field</li> <li>▪ Group Games: Sharks and Minnows</li> </ul>
Week 4	<b>Go Long! It's Sports Week!</b> <i>July 9 - 13</i>	<ul style="list-style-type: none"> <li>▪ Flying Squirrels game</li> <li>▪ Skate-A-Way</li> <li>▪ Rockwood Park - kickball</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Pigs in a Blanket</li> <li>▪ Craft: Paint Ceramic Pots</li> <li>▪ Team Bldg: Silent Birthday Sequencing</li> <li>▪ Group Games: Capture the Flag</li> </ul>
Week 5	<b>Magic and Mystery</b> <i>July 16 - 20</i>	<ul style="list-style-type: none"> <li>▪ Science Museum: Radical Reactions</li> <li>▪ Trip to the Movies at Commonwealth 20</li> <li>▪ Crump Park and Meadow Farm Museum</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Cheese Quesadillas</li> <li>▪ Craft: Pet Rocks</li> <li>▪ Team Bldg: Acid River Challenge</li> <li>▪ Group Games: Treasure Hunt!</li> </ul>
Week 6	<b>Movin' and Groovin'</b> <i>July 23 – 27</i>	<ul style="list-style-type: none"> <li>▪ Cox Radio Station</li> <li>▪ Cobblestone Water Park</li> <li>▪ Dogwood Dell – Talent Show</li> <li>▪ Inflation Nation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Smoothies</li> <li>▪ Crafts: Leather punch crafts</li> <li>▪ Team Bldg: Up and Over Challenge</li> <li>▪ Group Games: Hoop Pass, Freeze Dance</li> </ul>

	<b>Theme</b>	<b>Adventures off Campus</b> <i>(each week we will also go to the pool and library)</i>	<b>Adventures on Campus</b>
Week 7	<b>Light! Camera! Action!</b> <i>July 30 – Aug 3</i>	<ul style="list-style-type: none"> <li>▪ Ukrop Park: clinic with Richmond Kickers</li> <li>▪ Cultural Arts Centers</li> <li>▪ IMAX Movie Theater</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Pasta Bar Lunch</li> <li>▪ Crafts: Bottle Cap Picture Frames</li> <li>▪ Team Bldg: Log Jam</li> <li>▪ Group Games: Silent Speed Ball</li> </ul>
Week 8	<b>For the Love of Animals</b> <i>Aug 6 - 10</i>	<ul style="list-style-type: none"> <li>▪ Richmond Zoo</li> <li>▪ Maymont</li> <li>▪ SPCA</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Dog Biscuits</li> <li>▪ Crafts: Flubber</li> <li>▪ Team Bldg: All Aboard!</li> <li>▪ Group Games: Bumper Cars</li> </ul>
Week 9	<b>Globe Trekking</b> <i>Aug 13 - 17</i>	<ul style="list-style-type: none"> <li>▪ Aviation Museum</li> <li>▪ Iron Bridge Park – nature hike</li> <li>▪ Quarter Master Museum</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Trail Mix</li> <li>▪ Crafts: Mexican Folk Art Lanterns</li> <li>▪ Team Bldg: Tug-O-War</li> <li>▪ Group Games: Egg Races, Musical Chairs</li> </ul>
Week 10	<b>Kids in the Kitchen</b> <i>Aug 20 – 24</i>	<ul style="list-style-type: none"> <li>▪ Kids in the Kitchen</li> <li>▪ Avenue 805 (restaurant tour and cooking demo)</li> <li>▪ Cici's Pizza</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Pizza</li> <li>▪ Craft: Name Plaques</li> <li>▪ Team Bldg: Tire Roll</li> <li>▪ Group Games: Bingo, Mother May I?</li> </ul>
Week 11	<b>Surf's Up</b> <i>Aug 27 – 30*</i>	<ul style="list-style-type: none"> <li>▪ Cobblestone Water Park</li> <li>▪ Surprise field trip!</li> <li>▪ And we'll have a Luau Beach Party at CH</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cooking: Ice Cream</li> <li>▪ Craft: Dream Catchers</li> <li>▪ Team Bldg: Spider Web</li> <li>▪ Group Games: Charades, Super Soaker</li> </ul>

\* holiday weeks